



Small Grant Program

\$20,000 Recipients

Partners: Colleen Pacheco, Special Populations Program Manager – Skagit and Whatcom Counties, MSFW Promotores & Homeless Healthcare, Sea Mar CHC (**organization to receive award**)

Dr. Ileana Ponce-Gonzalez, Clinical Assistant Professor, UW Health Services and Board of Directors, Community Health Worker Coalition for Migrants and Refugees

Project: **Understanding Barriers of Indigenous MSFW Accessing Prenatal Care in Skagit and Whatcom Counties**

The intent of this study will be to shed light on barriers to prenatal care in three unique indigenous populations (Mixtec, Triqui and Aguacateco) of farmworkers who live and work in Skagit and Whatcom counties in NW Washington. This eighteen-month study will capture survey data from 20 clinicians and utilize six volunteer CHW's to recruit and interview 80 indigenous women from three separate indigenous communities. Findings will inform delivery of care in health care settings to improve access to and delivery of appropriate and timely prenatal care.

Partners: Mark Snowden, Associate Professor, UW Psychiatry, Investigator, UW Health Promotion Research Center, and Chief of Psychiatry, Harborview Medical Center (**organization to receive award – internal**)

Martha Pelaez, Vice President of Network Development, Florida Health Networks

Project: **Addressing Depression in Latino Elders: Evaluating the Implementation of the Program to Encourage Active, Rewarding Lives (PEARLS)**

The Program to Encourage Active, Rewarding Lives (PEARLS) is an evidence-based program (EBP) that teaches older adults problem-solving and behavioral activation skills to empower them to manage their lives and in turn reduce their depressive symptoms. The UW Health Promotion Research Center (HPRC) is assisting Florida Health Networks (FHN) in disseminating PEARLS in Florida. The project goal is to evaluate PEARLS with older Latino elders in Florida using the REAIM Framework. Specifically, HPRC and FHN will work together to 1) identify and evaluate what adaptations are needed to implement PEARLS with Latino elders, 2) describe which providers (including promotoras) and agencies are adopting PEARLS; and 3) evaluate the effectiveness of PEARLS with Latino elders on depression and patient-centered outcomes. We will disseminate project findings to PEARLS programs and other community-based organizations that work with Latino elders around the country, with a particular focus on our Washington State partners.

\$5,000 Recipients

Partners: Jorge Guzman, Executive Director, Vive Northwest (**organization to receive award**)

Dr. Julian D. Olden and Dr. Pooja Tandon, UW Center for Creative Conservation (CCC)

Project: **Towards a Better Understanding of the Health Benefits of Connecting Latino Children and their Families to Nature**

The partnership between Vive NW and UW CCC, in the context of a planning grant, would foster a unique collaboration between a community organization committed to connecting Latinos with nature and a team of scientists committed to research on the benefits of nature to humans. The research focus of this collaboration would be to better elucidate the barriers and facilitators for Latino children to connect with nature, and to work towards interventions to promote nature experiences for Latino children and families.

Partners: Dr. Megan Moore, Assistant Professor, UW School of Social Work

Joana Ramos, Co-Chair, Board of Directors, Healthcare Committee and Chair, Washington State Coalition for Language Access (**organization to receive award**)

Project: **Addressing Language Needs to Improve the Health Care Access and Utilization by Latinos in Washington State**

This one-year project proposal will strengthen a collaborative effort between investigators at the University of Washington (UW) and Washington State University (WSU), the Interpreter Services at Harborview Medical Center and the Washington State Coalition for Language Access (WASCLA) to develop a research plan to identify strategies to meet the healthcare communication needs of Latinos in WA State who have limited English proficiency (LEP). The proposed research project will have additional and timely value as a resource for guiding efforts to ensure culturally and linguistically appropriate services aimed at improving population health services and outcomes for all LEP populations statewide.

Partners: Estela Ortega, Executive Director, El Centro de la Raza (**organization to receive award**)

Dr. Linda Ko, Director, Health Communication Research Center, Assistant Member, Fred Hutch Research Center, Assistant Professor, UW

Dr. Shweta Moorthy, Researcher, Coalition of Communities of Color

Project: **The State of Latinos in South King County: Community Based Participatory Research (CBPR)**

El Centro de la Raza proposes to plan a research project that uses CBPR to determine the unique needs and priorities of Latinos in South King County and fully engage the community in the research process. Existing data and research on Latino's access to employment, housing, healthcare, education, etc. inadequately captures the lived realities of the Latino community. Furthermore, the community itself does not have a voice in how data is collected, analyzed and presented. El Centro, therefore, seeks to change this by allowing communities of color most

affected by institutional racism to provide direct feedback and inform El Centro's future programming and advocacy work at the city, county and state level.